

# EMMANUEL AYOTUNDE AKINLOSE

+2348068162811 | [akinloseayo@gmail.com](mailto:akinloseayo@gmail.com) | <https://www.linkedin.com/in/emmanuel-akinlose/>

## PERSONAL PROFILE

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A dynamic and results-driven Registered Dietitian-Nutritionist, I stand as a bridge between science and real-life application, having navigated and excelled in diverse fields, including the hospitality industry, education sector, non-profit organizations, research, and healthcare. My multifaceted career journey uniquely equips me to lead, educate, and innovate in the realm of Nutrition and Dietetics.

## WORK, TEACHING, AND RESEARCH EXPERIENCE

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### Lecturer, Sacred Heart College of Nursing Sciences, Lantoro Abeokuta, Ogun State, Nigeria

- Developing and implementing cutting-edge curriculum for Nutrition and Dietetics and Research Methodology courses. *November 2023 – Present*
- Providing vital assistance in research projects, aiding in the smooth and efficient execution of various academic studies.
- Conducting audits and in-depth evaluations of students' research projects, ensuring quality and adherence to research methodologies.
- Assessing and evaluating student examination and test reports, contributing to students' academic growth and success by providing valuable insights and improvements to their performance.

### Research Assistant, Prof. Ibiyemi - Olayiwola Laboratory, Federal University of Agriculture, Abeokuta, Ogun

- Provided vital assistance in research projects, aiding in the smooth and efficient execution of various academic studies. *May 2023 – August 2023*
- Conducted audits and in-depth evaluations of undergraduate research projects, ensuring quality and adherence to research methodologies.
- Assessed and evaluated undergraduate examination and test reports, contributing to students' academic growth and success by providing valuable insights and improvements to their performance.

### Dietitian, Federal Medical Centre

Abeokuta, Ogun State, Nigeria

- Conducted comprehensive nutritional assessments for more than 10 patients, identifying their specific dietary requirements and medical needs. *May 2022 – July 2023*
- Collaborated in the design and execution of sustainable patient nutrition care plans, contributing to improved dietary management and overall well-being.
- Developed and executed dietary restrictions and special meal plans for Medical Nutrition Therapy, ensuring precise adherence to therapeutic dietary guidelines.
- Worked closely with a diverse healthcare team to create individualized care plans that integrated Medical Nutrition Therapy, improving patient outcomes and satisfaction.
- Managed and monitored the nutritional and medical progress of patients, resulting in a remarkable 70% increase in health improvement among those under my care.
- Observed and audited food service operations, guaranteeing strict compliance with the hospital menu and dietary guidelines to maintain optimal patient nutrition and satisfaction.

### Graduate Assistant, Federal University Oye Ekiti

Ekiti State, Nigeria

Worked as part of the Food Science and Technology departmental staff. I was responsible for some academic and non-academic related activities which include the following: *June 2021 – April 2022*

- Provided vital assistance in research projects, aiding in the smooth and efficient execution of various academic studies.
- Conducted audits and in-depth evaluations of undergraduate research projects, ensuring quality and adherence to research methodologies.

- Assessed and evaluated undergraduate examination and test reports, contributing to students' academic growth and success by providing valuable insights and improvements to their performance.

## EDUCATION

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### School of Politics, Policy and Governance (SPPG)

*In view*

Certificate in Public Leadership and Policy

### Cardiff University, (Wales), United Kingdom

*July 2023*

Research in Young People's Mental Health (Summer School)

### Federal University of Agriculture, Abeokuta, Ogun State, Nigeria

*November 2015 - December 2019*

Bachelor of Science in Nutrition and Dietetics

### The Polytechnic Ibadan, Ibadan, Nigeria

*September 2012 - November 2014*

National Diploma in Mechanical Engineering

## PROFESSIONAL MEMBERSHIPS & SCHOLARLY AFFILIATIONS

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- Registered Dietitian (RD) – Health and Care Professions Council (HCPC), United Kingdom
  - Member, International Confederation of Dietetics Association (ICDA)
  - Member, Institute of Dietetics in Nigeria (IDN)
  - Member, Dietitian Association of Nigeria (DAN)
  - Member, Young African Leaders Initiative (YALI)
  - Member, Nutrition Society of Nigeria (NSN)
  - Member, Nigerian Red Cross Society (NRCS)
  - Member, Health Volunteers Nigeria Initiative (HVN)

## PUBLICATIONS

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- Oyesanya, O.S., Oladosu, G.S., **Akinlose, E.A.**, Bolajoko, O.O., Onabanjo, O.O. Nutritional Status and Nutrient Adequacy of Food Consumed by Commercial Drivers in Abeokuta South Local Govt Area, Ogun State, Nigeria. <https://doi.org/10.9734/ejnfns/2023/v15i81323>
  - Ademiluyi, D.D., Olayiwola, I.O., **Akinlose, E.A.**, Uthman-Akinhanmi, Y.O. Consumption Pattern, Physical Activity level and Anthropometric Indices of Consumers of Franchised Fast Food in South Western States in Nigeria
  - Ademiluyi, D.D., **Akinlose, E.A.**, Olayiwola, I.O., Uthman-Akinhanmi, Y.O., Akinola, O.A. Agriculture, Nutrition, Food Systems, Environment, and Health Consumption Pattern, Activity level and Nutritional Status of Consumers of Franchised Fast Food in South Western States in Nigeria

## SKILLS AND INTERESTS

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- **Technical skills:** Nutrition Counseling | Microsoft Office Packages | Research | Networking |
  - **Hobbies:** Coaching | Mentoring | Volunteering | Personal and Professional Development |